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The importance of pre-operative clearance:

A key part of preparation for surgery is the obtaining of clearance from your primary care physician that you are able to safely undergo the planned procedure and anesthesia.

That will include a physical exam, labs, an EKG and possibly a chest X-ray.

Without proper clearance, the anesthesiologist in your surgery will not provide anesthesia and the surgery would need to be cancelled.

1. Please schedule your clearance appointment at least 2 weeks before your surgery date.
2. If you don't have a primary care doctor – or if your primary care doctor cannot get you an appointment 2 weeks before – we can arrange for you to be seen by one of our Holy Cross primary care doctors.
3. Sometimes, additional clearance is needed by a cardiologist or another specialist – as requested by your primary care doctor. If that additional clearance is requested, please make that appointment ASAP.
4. Once the clearance is completed, please request that your primary care physician's office forward the records to our surgery scheduler's attention.

Last minute surgery cancellations are very troublesome to a busy surgical schedule. Please make sure you make your clearance arrangements with plenty of anticipation.